



**THRIVE MODEL** - The THRIVE program is a voluntary home visiting program for pregnant and parenting teens and young women that is based on the Healthy Families America model. Trained professionals provide parenting information, resources and support in the home of the client. Home visits begin during pregnancy and may continue until the child is five years old. The program offers:

- Education on child development and age-appropriate expectations
- Education of how to manage child behavior in a nurturing and effective manner
- Education on creating a safe home environment for the child
- Assistance and support for completing high school and meeting other educational and/or employment goals
- Education on how to foster optimal development of the child
- Help obtaining assistance and accessing other community resources, as needed
- Education about the benefits of delaying a second pregnancy
- Assistance in finding and using a “medical home” for preventive and emergency health care
- Assistance when transitioning to independent living, crisis intervention
- Transportation to prenatal and well-baby check-ups
- Assisting the family in developing and planning goals for themselves and their children.

**Support Group Meetings** – Monthly support group meetings are conducted to promote social connections among the moms and to reinforce skills learned during the home visits.

**Curriculum** - The Parents as Teachers curriculum is used primarily in the first year of the child’s life and is supplemented with other medically accurate materials.

**Developmental Assessment of Children** – Children in the program are periodically assessed for their development progress and referred for services if a problem is identified.

**Service Levels** – The program uses a defined level of services to determine the frequency and intensity of services that are required. Visits occur anywhere from weekly to monthly depending on the needs of the family. During a crisis, extra visits may be required.

**Home Visitors** – The home visitor provides the key to the success of the program. Having a caring, knowledgeable person available to provide support in all aspects of their lives helps these young mothers learn how their decisions will affect both their own future and the future of their children. Staff are provided with extensive training on how to work with young moms and their babies.