

**Arkansas Parenting Education Network (APEN)
seeks proposals for presentation at the**

**12th Annual Arkansas Conference for
Parenting Education and Parental Involvement**

October 6-8, 2010

Hot Springs, Arkansas

Conference Mission:

The purpose of this conference is to enhance the skills and knowledge base of parenting education and parental involvement personnel and to promote networking among individuals and programs involved in or interested in the field of parent education and parental involvement in Arkansas.

Participation:

This conference is targeted to individuals who work with parents or other caregivers to improve the health, developmental, behavioral or educational outcomes of children:

- school-, center- and home-based parenting educators
- parent coordinators, parent facilitators and other parental involvement staff
- psychologists, social workers, mental health professionals, counselors, etc.
- K-12 personnel and early childhood professionals
- juvenile justice and diversion program staff
- faith- and community-based program staff
- advocates, legislators and policy makers

Presenters:

If you have experience in the field of parent education or parental involvement, OR, if you have experience in an area you believe to be of interest to the target audience, you are encouraged to submit a proposal. If you are not interested in presenting, but have a workshop suggestion, send us your idea and we'll look into it. Also feel free to pass this information on to others who may be interested.

Submitting a Proposal:

Review the Proposal Guidelines and complete the Submission Form (see tabs below)
[and email as an attachment to apen@arkansasctf.org](mailto:apen@arkansasctf.org)

Proposals will be accepted through April 2, 2010

Additional Information:

Tammy Gray at 501-664-2227 or tammygray@arkansasctf.org

Proposal Guidelines

Selected proposals will be those that:

- ◆ Present new insights, data or approaches
- ◆ Uphold exemplary or innovative programs or models
- ◆ Offer practical solutions and applications for participants
- ◆ Provide concrete tools and strategies for participants

Effective proposals should include the following:

- ◆ A statement of need/purpose of the presentation
- ◆ Brief description of the content to be offered
- ◆ 2-4 specific learning objectives for the presentation
- ◆ Specific skills, tools or resources that will be offered
- ◆ The target audience for the presentation (age group, demographic, interest, etc.)

Submitting a Proposal:

- ◆ You may submit more than one proposal, but each proposal must be submitted separately.
- ◆ Proposals should follow the format found on the Submission Form
- ◆ Proposals should preferably be e-mailed as an attachment to apen@arkansasctf.org
- ◆ Proposals may be printed and mailed to APEN, 415 North McKinley Suite 462, Little Rock, AR 72205
- ◆ Proposals will be accepted through **April 2, 2010**

Supplemental Information:

Please be prepared to provide the following information if your proposal is accepted:

- ◆ Audio/Visual Equipment Reservation Request
- ◆ File copy of all workshop materials, to be retained by APEN
- ◆ Recommended publications/materials to be made available in the conference bookstore

Additional Information:

Contact Tammy Gray at 501-664-2227 or tammygray@arkansasctf.org

12th Annual Arkansas Conference for Parenting Education and Parental Involvement

Proposal Submission Form

(APEN reserves the right to edit content for length and conformity to other conference materials)

Proposed Title of the Presentation : _____

Description of Presentation:

(Please use 100 words or less and include the specific information requested under Proposal Guidelines)

Competency Areas

Place an **X** next to the one your proposal *best* fits

For examples of learning strands in areas 1-8, see **PE Core Competencies**

- 1. Lifespan Development
- 2. Dynamics of Family Relationships
- 3. Diversity in Family Systems
- 4. Guidance and Nurturing
- 5. Health, Safety, and Nutrition
- 6. Parental Well-Being and Stability
- 7. Family, School and Community Relationships
- 8. Parenting Education: Principles, Methods and Approaches
- 9. Program Management (volunteers, marketing/PR, newsletters, grantwriting/funding, team building, capacity building, etc.)

Workshop Format

(place an **X** next to all that apply)

75 minutes 3 - 6 hours I am willing to repeat this session more than once

Please note that all half to full day sessions will be scheduled for Friday, October 8, 2010

and all 75-minute sessions will be scheduled for Wednesday or Thursday, October 6-7, 2010.

Please indicate if you require a specific time slot: _____

Main Presenter

Name as it should appear in conference materials: _____

Job Title and Organization/Affiliation: _____

Complete Mailing Address: _____

Primary Phone Number: _____

Alternate Phone Number: _____

Email Address: _____

Bio Sketch (pertinent to the presentation and suitable for inclusion in conference materials):

Co Presenter

Name as it should appear in conference materials: _____

Job Title and Organization/Affiliation: _____

Complete Mailing Address: _____

Primary Phone Number: _____

Alternate Phone Number: _____

Email Address: _____

Bio Sketch (pertinent to the presentation and suitable for inclusion in conference materials):

Supplemental Information (see Proposal Guidelines, or include any other information you deem pertinent)

Arkansas
Core Competencies
for Parent Educators

Domains	Learning Strands									
1. Lifespan Development	<ul style="list-style-type: none"> * Understanding the range of expectations across the lifespan in areas such as: <table style="margin-left: 40px; border: none;"> <tr> <td style="padding-right: 40px;">Cognitive</td> <td style="padding-right: 40px;">Emotional</td> <td>Self-help</td> </tr> <tr> <td>Language</td> <td>Physical</td> <td></td> </tr> <tr> <td>Social</td> <td>Behavior</td> <td></td> </tr> </table> * Understanding the implications of developmental, mental and physical problems of children * Recognizing the importance of developmental assets 	Cognitive	Emotional	Self-help	Language	Physical		Social	Behavior	
Cognitive	Emotional	Self-help								
Language	Physical									
Social	Behavior									
2. Dynamics of Family Relationships	<ul style="list-style-type: none"> * Understanding parenting issues and roles across the developmental stages of the lifespan * Understanding the development of parent/child relationships * Understanding the effects of adult relationships on children and families * Understanding communication skills and patterns * Recognizing differences between healthy and unhealthy relationships 									
3. Diversity in Family Systems	<ul style="list-style-type: none"> * Recognizing and respecting diversity in families, including family structures, traditions and values * Understanding how culture, socioeconomic status, language, etc. impact child-rearing practices and relationships in the home * Understanding the effects of racism and discrimination on families and child-rearing * Recognizing issues of non-biological parents raising children 									
4. Guidance and Nurturing	<ul style="list-style-type: none"> * Understanding the impact and importance of parental nurturing and positive parent-child interactions for the healthy development of children of all ages * Understanding the strengths and weaknesses of multiple forms of guidance and discipline * Understanding how to effectively teach parents multiple guidance and discipline techniques that encourage positive child behavior * Understanding the implications of individual differences, temperaments and personalities of adults and children * Recognizing the need to utilize different strategies to address the individual needs of each family * Understanding the concepts of guidance and nurturing beyond "discipline": developing character, ethics, self-control importance of family routines, supervision, home environment, etc. 									
5. Health, Safety and Nutrition	<ul style="list-style-type: none"> * Awareness of the essential components of safe and healthy home environments for family members * Awareness of the signs and definitions of child abuse and neglect, including state statutes and procedures for reporting suspected maltreatment * Awareness or ability to locate and access basic information on child physical health and safety (including prevention) * Understanding of common physical and mental health disorders and knowledge of when and how to seek additional assistance for families * Awareness of strategies to help parent reduce or prevent behaviors that put children at risk (motor vehicle safety, sexual health, substance abuse, smoking, obesity, injury prevention) 									

	<ul style="list-style-type: none"> * Understanding of the importance of healthy diet/nutrition and physical activity for children's and adult's health and well-being.
6. Parental Well-Being and Stability	<ul style="list-style-type: none"> * Knowledge of basic family management and self-sufficiency skills * Understanding the importance of, and how to strengthen, resiliency * Awareness of the importance of informal networks of family and friends * Awareness of available community services/formal support systems and how to access * Knowledge of strategies to maintain or improve physical/mental health (coping skills, stress management) * Awareness of resources for educational and career development of parents
7. Family, School and Community Relationships	<ul style="list-style-type: none"> * Understanding the critical role of parents as primary teachers and the role families play in early learning * Awareness of different learning styles and how to help children learn most effectively * Awareness of the importance of parents being actively involved in their children's education * Understanding ways to facilitate parental involvement in children's learning * Understanding how parents can effectively participate and advocate on behalf of children in schools and communities * Knowledge of resources to support parental involvement
8. Parenting Education: Principles, Methods and Approaches	<ul style="list-style-type: none"> * Understanding of various theories and delivery approaches of parenting ed * Awareness of principles of adult learning * Awareness of various teaching strategies and presentation skills * Awareness of strategies to effectively work with hard-to-reach parents * Understanding how to evaluate research and evidence to support parent education programs * Knowledge of evidence-based parent education programs and how to select the best program for specific populations or needs * Awareness of effective program evaluation * Awareness of the limits of parent education and when to refer to other professionals for assistance * Understanding of group process and facilitation * Understands methods of recruiting and retaining participants in parent education programs * Awareness of issues related to professionalism: <ul style="list-style-type: none"> Ethics Legal Issues Confidentiality Professional Development Understanding limits of own skills/qualifications/Seeking consultation/supervision when appropriate Maintaining professional relationships Time Management